

# Most Wanted Foods

Consider donating healthy, whole grain, low-fat, low-sodium and low-sugar products.

## CANNED MEAT

e.g. chicken, tuna, salmon



## CANNED & BOXED MEALS



soup,  
chili,  
stew...

## PEANUT BUTTER



and  
other  
nut  
butters

## canned or dried BEANS & PEAS



## PASTA, RICE & CEREAL



whole grains

## FRUITS & VEGETABLES



## shelf-stable MILK



## COOKING OIL



## 100% FRUIT & VEGETABLE JUICE

canned,  
plastic or  
boxed



### To ensure food safety, Oregon Food Bank can't use:

- rusty or unlabeled cans
- perishable items (applies only to food drive donations)
- homemade items
- noncommercial canned or packaged items
- alcoholic beverages, mixes or soda
- open or used items

**PLEASE NOTE:** If you donate glass products, please box or bag them separately and label the box or bag "GLASS" on all sides.



and the Oregon Food Bank Network

503-282-0555

[oregonfoodbank.org](http://oregonfoodbank.org)

Food will be collected and distributed by:

**Thank You!**



535 N.E. 1st Street • Newport, OR • 541-265-8578  
[foodsharelincolncounty.org](http://foodsharelincolncounty.org)